The Lord’s Prayer

Body Prayer

This body prayer may be done alone or in a group.
If in a group, a circle is formed.
Do the body prayer three times.
Use words the first two times.
The last time is done silently.
For each pose on the following pages, read say the adjacent lines of the Lord’s Prayer.

The Lord’s Prayer Body Prayer
© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com
Used by permission. All rights reserved.
Images © Copyright 2011 Sarah C. Jones www.sarajones.com
Used by permission. All rights reserved.

Julia McCray–Goldsmith (Jan. 2011)
Appendix 5

Our Father, who art in heaven
Hallowed be thy name.

Thy kingdom come.
Thy will be done...

*The Lord’s Prayer Body Prayer*
© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com
Used by permission. All rights reserved.
Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com
Used by permission. All rights reserved.
...on earth as it is in heaven.

Give us this day our daily bread...
Appendix 5

And forgive us our trespasses...

...as we forgive those who trespass against us.

*The Lord’s Prayer Body Prayer*

© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com

Used by permission. All rights reserved.

Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com

Used by permission. All rights reserved.
Appendix 5

And lead us not into temptation...

...but deliver us from evil.

*The Lord’s Prayer Body Prayer*
© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com
Used by permission. All rights reserved.
Images © Copyright 2011 Sarah C. Jones www.sarachjones.com
Used by permission. All rights reserved.
Appendix 5

For thine is the kingdom and the power and the glory forever.

_The Lord’s Prayer Body Prayer_
© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com
Used by permission. All rights reserved.
Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com
Used by permission. All rights reserved.
Appendix 5

A — ...

... — men.

The Lord’s Prayer Body Prayer
© Copyright 2009 Sally Thomas, Accredited Godly Play Trainer
millvalleysally@gmail.com
Used by permission. All rights reserved.
Images © Copyright 2011 Sarah C. Jones www.sarahcjones.com
Used by permission. All rights reserved.